A FEW MINUTES FOR YOU · DAVID AND GOLIATH

Your giants, His battle

Everything you need to share David and Goliath at home this week: a few minutes for you, a few minutes with your kids, and simple ways to keep the story going at the table, in the car and at bedtime.

Read 1 Samuel 17:32–47 before the kids wake up, or during nap time. (1 Samuel 17:32–47)

Every morning for forty days Goliath walked out and shouted, and every morning Israel's army ran. Nobody doubted he was big. The problem was that the giant had become the biggest thing they could see.

David saw something bigger. Before he ever faced Goliath, he remembered: "The LORD, who delivered me from the claws of the lion and the bear, will deliver me from the hand of this Philistine" (17:37). His courage didn't come from confidence in himself. It came from remembering what God had already done.

Your giants may be quieter: a hard season with a child, a worry about money, the weight of being needed all day. David's words are for you too: "the battle is the LORD's" (17:47). You don't carry this alone, and you don't have to win it by being strong.

And this week, as you tell your kids that God is bigger than any giant, they'll be watching how you face yours. That may be the part of the lesson they remember longest.

REFLECT

Where has God already carried you, like the lion and the bear for David? Name one. What giant are you facing this week?

PRAY

Lord, you have carried me before and you will carry me now. This battle is yours. Help me trust you in front of my kids this week, and let them see that you are bigger. Amen.

Little Lantern

THIS WEEK WE'RE LEARNING



David and Goliath

1 Samuel 17

God is bigger than any giant.

"The battle is the LORD's." 1 Samuel 17:47

ASK AT DINNER

What feels like a giant to you right now? How can God help?

PRAY

Dear God, you are bigger than any giant. Help us trust you when things feel too big. Amen.

✂ Cut here. One card for the fridge, one for the car.

Little Lantern

CAR-RIDE CARD



On the way

David and Goliath · 1 Samuel 17

Listen: Play the Listen version of David and Goliath on the way.

ASK

1. How many stones did David pick up?
2. Why wasn't David afraid of the giant?
3. What feels big to you this week? How can God help?

"The battle is the LORD's." 1 Samuel 17:47

Keep the story going

BEDTIME ROUTINE

Lantern-out in five steps



1. Lights low. Play the Listen version of David and Goliath (Little for ages 3–5, Big Kid for 6–9).
2. Ask one question: “What felt like a giant today?”
3. Say the verse together with the motions: “The battle is the LORD’s.”
4. Pray: “God, you are bigger than any giant. Thank you for being with me tonight. Amen.”
5. Lights out. You can say: “God is with you, even in the dark.”

KITCHEN

Five stones snack

Count out five grapes, marshmallows or crackers as David’s smooth stones. Say the verse before each bite.

LIVING ROOM

How big was Goliath?

Put a piece of tape on the wall at 9 feet 9 inches. Have everyone stand next to it. Then ask: who is bigger than Goliath? (God!)

PLAYROOM

Act it out

Stuffed animals line up as two armies. A laundry basket is Goliath. Your child is David with five rolled-up socks for stones.

IN THE CAR

Car-ride story

Play the Listen version, then ask: “Why wasn’t David afraid?” and “What feels big to you this week?”

SIBLINGS

Two ages at once

Watch the story together. Then let the older child ask the little one the Talk questions, and help them find 1 Samuel 17 in the Bible.

DAVID AND GOLIATH · STICKER CHART

My brave week

Each day, do one brave thing and ask God for help. Add a sticker or color a stone!

Monday	Idea: Try a new food	
Tuesday	Idea: Say hi to someone new	
Wednesday	Idea: Tell the truth when it's hard	
Thursday	Idea: Sleep with the door a little closed	
Friday	Idea: Pray out loud	
Saturday	Idea: Help someone without being asked	
Sunday	Idea: Say sorry first	

"The battle is the LORD's."

1 Samuel 17:47

DAVID AND GOLIATH · MINI-BOOK

Make a mini-book

Print the next page on one sheet (landscape, actual size). One sheet folds into an 8-page book kids can “read” to siblings and grandparents.

STEP 1

Fold

Fold the sheet in half the long way, then in half twice more the short way, so you have 8 little panels. Unfold.

STEP 2

Cut

Fold it in half the short way again. Cut along the middle crease from the fold to the center, just one panel deep.

STEP 3

Open

Unfold. Fold the long way again and push the ends together so the cut opens into a diamond.

STEP 4

Flatten

Keep pushing until it flattens into a little book. The cover is on the front. Read it together!

Little Lantern

David and Goliath

This book belongs to _____

In the hills near Bethlehem lived a shepherd boy named David, the youngest of eight brothers.

Far away, in the Valley of Elah, two armies camped on two hills.

"You're only a boy," said King Saul.

David walked down to the little brook at the bottom of the valley.

"The battle is the LORD's."

1 Samuel 17:47

God is bigger than any giant.

Little Lantern

Then the soldiers of Israel cheered so loud the hills rang.

Goliath took a giant step forward.

DAVID AND GOLIATH · TRACING PAGE

Trace the big idea

Trace the letters with a crayon or pencil. Then say it out loud!

GOD IS

BIGGER THAN

ANY GIANT.



God is bigger than any giant.

Roll five smooth stones



David picked five smooth stones from the brook. Roll five play-dough stones and put one on each circle. Count them out loud!

1 2 3

4 5

“The battle is the LORD’s.” 1 Samuel 17:47