A FEW MINUTES FOR YOU · JESUS AND THE LITTLE GIRL

# Just believe

**Everything you need to share Jesus and the Little Girl at home this week: a few minutes for you, a few minutes with your kids, and simple ways to keep the story going at the table, in the car and at bedtime.**

**Read Mark 5:21–43 before the kids wake up, or during nap time. (Mark 5:21–43)**

Jairus had done everything right. He ran to Jesus, he knelt in front of everyone, he asked. And then Jesus stopped, for someone else, while every minute mattered.

Then the worst words came: Your daughter is dead. If you have ever sat by a sick child's bed, you know a little of what that moment felt like.

Jesus heard it, and before Jairus could even answer, He said: Do not be afraid; just believe. He did not explain. He did not hurry. He just kept walking toward the house with him.

Our kids learn what to do with fear by watching what we do with ours. They don't need us to be fearless. They need to see us take our fear to Jesus and keep walking with Him.

REFLECT

What fear are you carrying for your family right now? What would 'just believe' look like today?

PRAY

Jesus, you are stronger than what I'm afraid of. When the news is hard, help me hear your voice first, and help my kids see me trust you. Amen.

Little Lantern

THIS WEEK WE'RE LEARNING



# Jesus and the Little Girl

**Mark 5:21–43**

## When I'm scared, I can trust Jesus.

**"Do not be afraid; just believe."** Mark 5:36

**ASK AT DINNER**

What feels scary to you right now, and how can we trust Jesus with it together?

**PRAY**

Jesus, you are stronger than anything that scares us. Help our family keep trusting you. Amen.

✂ Cut here. One card for the fridge, one for the car.

Little Lantern

CAR-RIDE CARD



# On the way

**Jesus and the Little Girl · Mark 5:21–43**

**Listen:** Play the Listen version of Jesus and the Little Girl on the way.

**ASK**

1. Why was Jairus in such a hurry?
2. What did Jesus tell Jairus when the sad news came?
3. What is something you can trust Jesus with this week?

**"Do not be afraid; just believe."** Mark 5:36

# Keep the story going

BEDTIME ROUTINE

## Lantern-out in five steps



1. Lights low. Play the Listen version of Jesus and the Little Girl (Little for ages 3–5, Big Kid for 6–9), or read it from the app.
2. Ask one question: “What helps you feel brave when you’re scared?”
3. Say the verse together with the motions: “Do not be afraid; just believe.”
4. Pray: “Jesus, thank you that you are always with me. When I’m scared, I will trust you. Amen.”
5. Lights out. You can say: “God is with you, even in the dark.”

KITCHEN

### Fig snack

Count out figs, grapes or berries into a bowl together, one, two, three, and share them like the girl did when Jesus said to give her something to eat.

LIVING ROOM

### Hold my hand

Take turns leading each other around the room by the hand with eyes closed. Talk about how Jesus took the girl by the hand, and He holds on to us too.

PLAYROOM

### Through the crowd

Set up stuffed animals as a crowd and help a toy ‘Jairus’ squeeze through to reach ‘Jesus’ on the other side.

IN THE CAR

### Car-ride story

Play the Listen version, then ask: “What did Jesus say to Jairus?” and “What did He say to the girl?”

SIBLINGS

### Two ages at once

The older child reads the story from the app; the younger one holds up the get-up girl craft at Talitha kum! and counts out three figs at the end.

JESUS AND THE LITTLE GIRL · STICKER CHART

# My trust-Jesus week

**Each day, when something feels scary or hard, say the verse and do one brave thing. Add a sticker or color a fig!**

| | | |
|---|---|---|
| **Monday** | Idea: Say the verse when I feel scared | |
| **Tuesday** | Idea: Pray for someone who is sick | |
| **Wednesday** | Idea: Try something new | |
| **Thursday** | Idea: Sleep with the light off | |
| **Friday** | Idea: Tell a grown-up what worries me | |
| **Saturday** | Idea: Help someone who is sad | |
| **Sunday** | Idea: Thank Jesus for being strong | |

**“Do not be afraid; just believe.”**

Mark 5:36

JESUS AND THE LITTLE GIRL · MINI-BOOK

# Make a mini-book

Print the next page on one sheet (landscape, actual size). One sheet folds into an 8-page book kids can “read” to siblings and grandparents.

STEP 1

### Fold

Fold the sheet in half the long way, then in half twice more the short way, so you have 8 little panels. Unfold.

STEP 2

### Cut

Fold it in half the short way again. Cut along the middle crease from the fold to the center, just one panel deep.

STEP 3

### Open

Unfold. Fold the long way again and push the ends together so the cut opens into a diamond.

STEP 4

### Flatten

Keep pushing until it flattens into a little book. The cover is on the front. Read it together!

# Jesus and the Little Girl

This book belongs to _____

By a big blue lake, in a little stone house, the morning sun came in through the window.





Jairus had heard about Jesus, the teacher who made sick people well.





She reached through the crowd and touched the edge of Jesus' cloak, and right away the bleeding stopped.





While Jesus was still talking, two men came running from Jairus' house.





Jesus sent all the crying people outside.





and the girl opened her eyes.



**“Do not be afraid; just believe.”**

**Mark 5:36**

**When I’m scared, I can trust Jesus.**

# Trace the big idea

Trace the letters with a crayon or pencil. Then say it out loud!

WHEN I'M

SCARED, I

CAN TRUST

JESUS.



**When I'm scared, I can trust Jesus.**

# Get up, little girl!



Roll a little bed, a little girl, and a bowl of food. Jesus took her hand, she got up, and He told her family to give her something to eat!

1 2 3

“Do not be afraid; just believe.” Mark 5:36